

2012-2013

University Attended: Stockholm University

FEEDBACK 1

INDUCTION/ORIENTATION PROGRAMME

What did this involve, how long did it last, was it useful?

There were a few introductory events in the first 2/3 weeks, including a lecture welcoming exchange students to the university. After having attended this lecture, as well as a guided tour around the campus, I didn't feel the need to attend all the other events as I had already met some other exchange students but I would highly recommend that you go to these events as it is a great opportunity to meet people.

ACADEMIC EXPERIENCE

Style of teaching, courses, ease of access to courses, methods of assessment, teaching support

The classes were generally a lot smaller than the ones in Manchester so there was more interaction between the students and the lecturer. As for the range of courses, the university offers a fairly broad selection of studies. Most courses involve group work and presentations and an assessment by examination wasn't that common. The main difference in teaching was how we studied one module at a time. We would take courses one after the other with one course lasting around 1 month.

MBS INTERNATIONAL TEAM

Level of support, additional information that could have been useful

The level of support was more than enough yet I didn't feel the need to contact MBS about much.

MBS SECOND YEAR MEETINGS

Any additional information that you feel could have been provided

All the key information was mentioned. I would only suggest to stress the cost of living in Stockholm as everything is very expensive. A student loan plus the Erasmus grant may not be enough.

HOST INTERNATIONAL OFFICE

Level of support, additional information that could be useful for future students

The international office was efficient and were able to deal with any problems I had. In general, they were all very friendly.

INSURANCE, HEALTH COVER

Please include any information relating to the purchase of compulsory health insurance ie costs etc. or whether this was waived by having the University of Manchester Insurance Policy

There were no problems regarding health insurance and although I never needed to go to the doctors or dentists, I knew they were easily accessible.

INFORMATION ON ANY ADDITIONAL COSTS

This should be information on any extra fees that the University charged but should not include accommodation, books, transport, visa etc.

You can buy a student union card which costs a certain amount of money but in the long run it can save you money through the amount of discounts it offers.

ACCOMMODATION

As much information as possible on what accommodation is recommended or not recommended.

I stayed in an accommodation called Lappis and I would strongly recommend that you apply to live there. It is very close to the university whereas all other accommodations require a lengthy journey. You live on a corridor with approximately 9-13 people with a shared kitchen and the majority are students from Stockholm University. Some of the other accommodations can make you feel isolated from university life.

DESTINATION INFORMATION AND OVERALL EXPERIENCE

Transport, travel, social life, integration with local students, student activity groups

The transport is very efficient in Stockholm. You can buy a 3 month travel card which allows you to use the bus, train, and the subway. The subway trains are very regular and on time. I would recommend taking advantage of the weekend cruises too. They are relatively cheap and travel to Helsinki, Riga and Tallinn as well as other destinations. Plus, although it is quite expensive, there is a Lapland trip to the very north of Sweden where you can try snowmobiling, dogsledding and have a chance to see the Northern Lights.

There is always something happening each week and it gives you a good chance to meet local Swedish students although some can be a bit reserved at first.

DESCRIBE IN ONE SENTENCE YOUR YEAR ABROAD

An incredible experience and an amazing city, Stockholm has been a wonderful place to spend a year abroad but it's the people you meet on exchange who make it so unforgettable.